

### **ABSTRACT OF THE DISCLOSURE**

A multi-component bedding assembly, including a mattress or futon, is vacuum packaged in an air impermeable bag by drawing a vacuum at the open end of the bag and applying a ram or pushing force against the bedding assembly at the closed end of the bag. The pushing force may be intermittently cycled. The packaged bedding assembly also may be wrapped in a woven polyethylene overwrap and tied with bands before it is inserted into a shipping carton.